

# PED 7230 Pediatric Gastroenterology/Nutrition Syllabus

# **Contact Information**

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# Course Information

#### **Brief Description of Course**

Diagnosis and management of infants through adolescents (outpatient and inpatient) with gastrointestinal, liver and nutritional disorders. The student will assist in inpatient subspecialty consultation parallel to the pediatric resident under supervision by GI Fellow and Attending. The students will work in conjunction with the 2-4 GI residents and 1-2 GI fellows. There is no night or weekend call. The elective includes daily attending teaching rounds, observation of gastrointestinal procedures and biopsies, and participation in clinical and pathology conferences. On request, participation in the various GI outpatient clinics may be arranged.

#### **Course Goals**

As a result of successfully completing this course, students will be able to:

- 1. Gain practical experience in the management and evaluation of pediatric gastrointestinal and nutritional problems.
- 2. Understand the indications, risks and limitations of gastrointestinal/liver procedures: endoscopy, colonoscopy, pH/Impedance probe studies, and liver biopsy.
- 3. Understand psychosocial, financial and ethical issues associated with acute and chronic gastrointestinal diseases.
- 4. Identify which clinical problems require referral for subspecialty gastrointestinal/liver evaluation

# **Course Format & Schedule**

#### **Timeline**

Monday	Tuesday	Wednesday	Thursday	Friday
	8a Morning Report	8a Morning Report	8 AM Grand Rounds	8 AM Division Mtg: Eccles 4
8:30 AM rounds w/	8:30 AM rounds w/	8:30 AM rounds w/	8:30 AM rounds w/	8:30 AM rounds w/
resident/fellow	resident/fellow	resident/fellow	resident/fellow	resident/fellow
Lunch	12-1 PM Noon	12-1 PM Intern Lecture	12-1 PM Noon	12-1 PM Noon
	Conference/Lunch	Series/Lunch	Conference/Lunch	Conference/Lunch
1-4 PM consultations	1-4 PM consultations	1-4 PM consultations	1-4 PM consultations	1-4 PM consultations
4 PM	4 PM	4 PM	4 PM	4 PM
Didactic Rounds	Didactic Rounds	Didactic Rounds	Didactic Rounds	Didactic Rounds
/Sign out	/Sign out	/Sign out	/Sign out	/Sign out



#### **Educational and Instructional Modalities**

#### Role of the Student in this Course

#### Curriculum:

The student will seek direct inpatient exposure, didactic discussion or specific text readings for each of the following topics during the 2 to 4-week rotation. There is an online folder with key position papers, guidelines and lay press articles that should be reviewed during the month.

(Starred (\*) topics listed below may be covered in general noon lectures or available as Power Point presentations in Canvas)

## A. Gastroenterology:

Seek direct clinical experience with patients, augmented by discussion with attending, and supplemental reading (see educational resources) for each of the following common GI/Liver problems:

- o \*Gastrointestinal Emergencies: GI bleeding/Obstruction/Peritonitis
- \*Chronic Recurrent Abdominal Pain/Irritable Bowel Syndrome
- \*Stool Retention Syndromes: Constipation/Encopresis/Hirschsprung's-Neuronal dysplasia
- Anorectal anatomy and physiology
- Dysphagia/Aspiration/Achalasia
- o Vomiting/\*Gastroesophageal Reflux Disease/Cyclic Vomiting Syndrome
- Esophagitis-peptic and allergic
- o Food and formula intolerance/Allergic gastroenteropathies
- Chronic Diarrhea/Malabsorption:
  - Parasitosis: Giardiasis, cryptosporidiosis, amebiasis
  - \*Celiac Disease
  - Diet-related nonspecific diarrhea
- \*Inflammatory Bowel Diseases: Crohn's, Ulcerative Colitis, Indeterminate, Eosinophilic, Clostridium difficile, Infectious enterocolitis
- 0
- o Peptic Ulcer Disease: Helicobacter pylori, NSAID
- o Dysmotility: Achalasia, Gastroparesis, Pseudoobstruction, Bacterial Overgrowth
- \*Pancreatitis
- o \*Short bowel syndrome: probiotics/bacterial overgrowth

## **B.** Liver Disease

Seek direct clinical experience with patients, augmented by discussion with attending, and supplemental reading (see educational resources) for each of the following common hepatology problems:

- \*Cholestasis: Neonatal and Older (including biliary atresia/Alagille syndrome/ alpha-1-antitrypsin deficiency)
- o \*Hepatitis: Acute viral, toxic/fulminant/chronic viral, autoimmune
- \*Cirrhosis/Portal Hypertension
- \*Liver Transplantation

## C. Procedures:

[Daily, variable schedule and availability]

Seek direct clinical observation with indications, technique and risks, augmented by discussion with attending, and supplemental reading (see educational resources) for each of the following procedures:

- Esophagogastroduodenoscopy
- Colonoscopy
- o Manometry: Esophageal, Recto-anal motility studies,
- o pH probe studies: 24 hour single and dual channel, Bravo ambulatory
- o Liver biopsy.
- Esophageal variceal band ligation
- o Paracentesis
- o Percutaneous Endoscopic Gastrostomy
- o Referral Process for Open Gastrostomy, Nissen or Laparoscopic Fundoplication

#### The Rotation

**A.** This will be an inpatient-based 4-week duration Pediatric Gastroenterology and Nutrition rotation. It is designed to allow the medical student to become familiar with the management of common pediatric gastroenterology problems and to



recognize gastroenterology problems that should be referred to the inpatient subspecialist. All patient activities will be done in conjunction with and supervised by the attending pediatric gastroenterologist and/or GI fellow on the hospital service for the week. The student may perform clinical patient assessments, both history and physical examination, independently and then directly validated and staffed by the attending physician with opportunity for bed-side and didactic teaching. The student is encouraged to consult the literature, curriculum materials, website documents and textbooks to generalize his knowledge base. A record will be kept of topics addressed as listed in this document. Topics not covered in the patient-based clinic encounters should be learned by independent reading of curriculum material and texts, augmented by didactic dialogue with the attending physicians. When appropriate, the student will help conduct outcome management for laboratory, radiology and procedure results as well as responses to interventions, including follow-up clinic visits for patients encountered in the first weeks of the rotation.

- **B.** The student should observe at least one of the following procedures during the rotation: esophagogastroduodenoscopy, colonoscopy, liver biopsy and pH probe study. If possible, other procedures such as motility study, variceal band ligation, paracentesis or percutaneous gastrostomy may be observed. The student will better understand the indications, contraindications, and risks of the procedures.
- **C.** On request, the student may arrange for ½ day afternoon outpatient GI observation/participation in the various clinics at Eccles Outpatient Center 2<sup>nd</sup> Floor Station 4. (General GI, IBD, Nutrition Center, Dysphagia, Eosinophilic Diseases, Cystic Fibrosis)
- **D.** The student should prepare a 5-minute brief presentation and 15 minute evidence-based and referenced discussion of an interesting patient encountered during the rotation. Optimally, this will be presented to the Division members on one of the Friday 8 am division meetings or to attending team after rounds.
- E. Conferences review with team

## Required Textbook(s)/Readings

Book Title + ISBN	Author/Publisher/Edition	Appx Cost
None		

#### **Additional Resources**

Up to Date

Power Point Presentations/articles on Canvas

# **Assessment & Grading**

#### **Preceptor Evaluations**

This Clinical Courses employs a preceptor evaluation which contributes to the student's overall course grade.

#### **Assessments**

Assessment/Assignment	Due Date	Weight towards Final Grade
Preceptor Evaluations		100%

#### **Grading System**

Students will receive a final letter grade of PASS (P) or FAIL (F) for this course.

<u>PASS</u>: A student who achieves the criteria will be assigned a grade of PASS for the course.

FAIL: A student who fails to achieve the criteria for PASS will be assigned a grade of FAIL for the course.

# Student Feedback

Providing feedback is an important aspect of our professionalism expectations and helps with curriculum quality improvement. For each clinical course in Phases 3-4 you must complete an end-of-course survey and individual surveys of clinical faculty and residents by the due date to demonstrate reliability for the professionalism competency. Required surveys are administered online through Qualtrics and student responses are anonymous. Please refer to the resource section of the course canvas page for student feedback survey due dates.



# **Standard Practices**

Please refer to the Clinical Curriculum Procedures and Practices for the following:

Phase 4 Developmental Benchmarks for Priority EPAs

Phase 4 Formative Feedback Form

Phase 4 Global Rating Form (Preceptor Evaluation)

**Phase 4 Attendance Expectations** 

Medical Student Clinical and Educational Work (formerly Duty Hours)

**Medical Student Clinical Documentation** 

**Medical Student Call Rooms** 

**Medical Student Mobile Communication** 

Students as Interpreters

# **Standard Policies**

Please refer to the Student Handbook (on the Student Affair's website) for these policies:

Accommodations
Addressing Sexual Misconduct
Dress Code
Examination and Grading Policies

Grade or Score Appeal

Professionalism, Roles & Responsibilities

Mistreatment

Infectious, Environmental and Bloodborne Pathogen Exposures Policy

# Alternate Name and/or Personal Pronoun

Class rosters are provided to the instructor with the student's legal name as well as 'Preferred' first name (if previously entered by you in the Student Profile section of your CIS account). While CIS refers to this as merely a preference, we will honor you by referring to you with the name and pronoun that feels best for you in class, on papers, exams, group projects, etc. Please advise us of any name or pronoun changes (and please update CIS) so we can help create a learning environment in which you, your name, and your pronoun will be respected.

# Center for Disability & Access Services

The School of Medicine seeks to provide equal access to its programs, services and activities for all medical students. The Center for Disability and Access (CDA) provides accommodations and support for the educational development of medical students with disabilities. Medical students with a documented disability, and students seeking to establish the existence of a disability, that would like to request accommodations are required to meet with the CDA to establish accommodations. The CDA will work closely with eligible students and the Academic Success Program to make arrangements for approved accommodations. The School of Medicine and CDA maintain a collegial, cooperative, and collaborative relationship to ensure compliance with federal and state regulations for students with disabilities.

Steven Baumann EdD, School of Medicine Senior Director of Academic Success Program, serves as the liaison between the School Of Medicine and the CDA.

Contact Information:

Dr. Steven Baumann, Senior Director of Academic Success Program

# **Safety Statement**

The University of Utah values the safety of all campus community members. To report suspicious activity or to request a courtesy escort, call campus police at 801-585-COPS (801-585-2677). You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit <u>safeu.utah.edu</u>.