

MDID 6340: Online Course: Palliative Care Syllabus

Approved: 3/30/2020

Credit Hours: 1.5

Contact Information

Name	Position	Phone/Pager	Email
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Course Information

Brief Description of Course

This four-week one credit elective is a Coursera-based specialization. You will use the Coursera platform to complete the course at your own pace during this four-week block.

Coursera's description of the specialization is as follows:

"People living with serious, life-limiting, chronic illness experience significant suffering. Fortunately there are new and developing treatments which may cure some and improve survival for many people living with serious illness. However, seriously ill people and their loved ones still experience many distressing physical symptoms as well as spiritual, social and psychological distress. There is much we can do to support people to live well with serious and life-limiting illness by understanding the causes of suffering, using effective communications, and incorporating careful assessments and interventions designed to address specific needs.

The Palliative Care: It's not Just Hospice Specialization covers core concepts on the nature of suffering and demonstrates how to evaluate suffering and illustrates this in realistic patient scenarios. In subsequent weeks we learn and practice specific skills to improve communication with patients and families to help them express their experience, express and understand their core goals and values and our own empathic response. You will also learn about specific problems such as physical pain, fatigue and shortness of breath as well as psychological issues such as depression and anxiety. In addition, spiritual and social distress will be discussed with a focus on the practical evaluation and management of these challenges. All of these skills will enable you to support people to live active and full lives despite serious illness."

https://www.coursera.org/specializations/palliative-care

Course Objectives

In order to successfully complete the specialization in Palliative Care, students will complete the following courses:

- 1. What is Palliative Care?
- 2. Pain Management: Easing Pain in Palliative Care
- 3. Easing Physical Symptoms: It's Not Just Hospice Anymore
- 4. Psychosocial and Spiritual Aspects of Palliative Care

Course Format & Schedule

Timeline

April 13 - May 8

Educational and Instructional Modalities

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Asynchronous modules and	100%
assessments	

Role of the Student in this Course

Actively participate in all activities and thoughtfully complete readings and assignments

Required Textbooks/Readings

See website: https://www.coursera.org/specializations/palliative-care

Assessment & Grading

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	Must Pass/ Must Complete	Due Date		
Assignments and Must Complete Elements				
Completion of a one-paragraph individual learning plan for each course regarding plans to incorporate learning into practice	X	Weekly		
Completion of each course within specialization	X	Weekly		
Completion of survey once all courses in specialization are completed	X	Last day of course (5/8)		

Grading System

Students will receive a final letter grade of PASS (P) or FAIL (F) for this course:

PASS: A student who achieves all of the criteria will be assigned a grade of PASS for the course.

FAIL: A student who fails to achieve all of the criteria for PASS will be assigned a grade of FAIL for the course.

Criteria to Pass include: Completion of courses within specialization, completing the individual learning plan to acceptable standards, and completing a follow-up survey once the specialization is completed.



Student Feedback

Providing feedback is an important aspect of your professionalism expectation and helps with our curriculum quality improvement process. Your elective course director or coordinator will inform of you of any course feedback surveys. Surveys must be completed by the due date to demonstrate reliability for the professionalism competency.

Standard Policies

Please refer to the Student Handbook (on the Student Affair's website) for these policies:

Accommodations
Addressing Sexual Misconduct
Dress Code
Examination and Grading Policies
Grade or Score Appeal
Professionalism, Roles & Responsibilities
Mistreatment
Infectious, Environmental and Bloodborne Pathogen Exposures Policy

Alternate Name and/or Personal Pronoun

Class rosters are provided to the instructor with the student's legal name as well as 'Preferred' first name (if previously entered by you in the Student Profile section of your CIS account). While CIS refers to this as merely a preference, we will honor you by referring to you with the name and pronoun that feels best for you in class, on papers, exams, group projects, etc. Please advise us of any name or pronoun changes (and please update CIS) so we can help create a learning environment in which you, your name, and your pronoun will be respected.

Center for Disability & Access

The School of Medicine seeks to provide equal access to its programs, services and activities for all medical students. The Center for Disability and Access (CDA) provides accommodations and support for the educational development of medical students with disabilities. Medical students with a documented disability, and students seeking to establish the existence of a disability, that would like to request accommodations are required to meet with the CDA to establish accommodations. The CDA will work closely with eligible students and the Academic Success Program to make arrangements for approved accommodations. The School of Medicine and CDA maintain a collegial, cooperative, and collaborative relationship to ensure compliance with federal and state regulations for students with disabilities.

Steven Baumann EdD, School of Medicine Senior Director of Academic Success Program, serves as the liaison between the School Of Medicine and the CDA.

Contact Information:

Dr. Steven Baumann, Senior Director of Academic Success Program

Safety Statement

The University of Utah values the safety of all campus community members. To report suspicious activity or to request a courtesy escort, call campus police at 801-585-COPS (801-585-2677). You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit <u>safeu.utah.edu</u>.